

Meharry Community Engagement Core Newsletter

The Meharry Community Engagement Core connects community members and organizations with Meharry researchers to conduct research and share results that will improve health for communities that experience the poorest health outcomes

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Our Vision

To eradicate health and healthcare disparities through long-term collaborative, mutually beneficial community-research partnerships.

Core Partnership Volunteer Links

The Meharry Research Partners Database is used to recruit study participants for only Meharry Researchers. Link: <https://is.qd/researchpartners>

The Meharry Community Engagement Core Partners Database is used to connect community members and community-based organizations (CBOs) with research opportunities at Meharry. Link: <https://redcap.link/communitypartners>

Call for Contributions

Do you want to be featured in our next issue? Well if so, just email us for more details. We are interested in your announcements and short stories of success, recognition, and anything else you'd like to share with the Middle Tennessee community.

Connect With Us

- meharryresearchconnect.org
- community@mmc.edu
- 615.327.5807

Men's Health Month



The month of June serves as Men's Health Month. The Tennessee Men's Health Report card created by the Center for Research on Men's Health at Vanderbilt University in cooperation with Vanderbilt University Medical Center, the Tennessee Department of Health, Meharry Medical College, and the Tennessee Men's Health Network reports on the state of health and well-being in men across the state of Tennessee and is used to guide policy and advocacy across in the state. Currently, Tennessee is trending towards overall improvement, but racial and geographic disparities still exist.

HIV Day of Testing



National HIV Testing Day is observed annually on June 27th. This year's theme is "My Test, My Way" because there are more testing options and you can get tested in a way that works best for you. This includes self-testing or finding a local testing site. Knowing your HIV status can help you stay healthy. Click [here](#) to get information on local testing sites and click [here](#) to get information on self-testing.

Fathers and Health



Studies suggest men often choose being a good father.

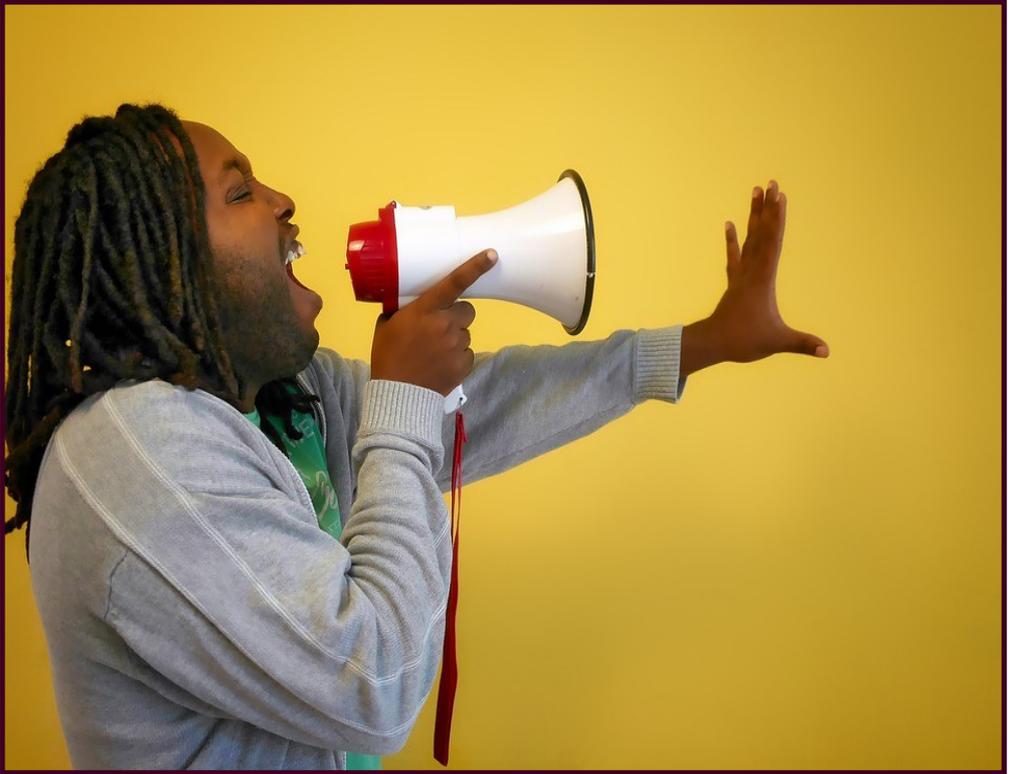
Becoming a father is a major milestone in the life of a man, often shifting the way he thinks from being "me focused" to "we focused." But fatherhood can also shift how men perceive their health. Our research has found that fathers can view health not in terms of going to

the doctor or eating vegetables but how they hold a job, provide for their family, protect and teach their children, and belong to a community or social network.

Founder and director of the Center for Research on Men's Health at Vanderbilt University Derek M. Griffith and a postdoctoral fellow from Meharry Medical College Elizabeth Stewart, DrPH, MSPH, study why men live shorter lives than women, male attitudes about fatherhood...[\[Read More\]](#)

*Source: The Conversation, 2019: Fathers need to care for themselves as well as their kids – but often don't

MENTal Health: Talk Saves Lives



Men are raised in a culture where the expression of feelings, such as pain or sadness, is wrong or weak. The expression of such feelings is relegated to weakness or “acting like a woman”. This sociocultural belief has influenced a generation of men who tend not to share their feelings and develop negative coping mechanisms.

Recently, there has been an increased awareness in the need for a gendered perspective of men’s mental health. While many are reluctant to receive mental health services, men’s mental health is often overlooked in overall culture. It is estimated that over six million men are affected by depression and anxiety and globally one man dies by suicide every minute.

Health promotion efforts are needed. Especially those that are centered on the male perspective. National organizations such as, The Movember Foundation are providing funding and access to services for local communities. Click [here](#) for information on support services.

Online COVID-19 Resources

Meharry Medical College: <https://home.mmc.edu/covid-19-info/>

Meharry Medical College COVID-19 Trials: <https://home.mmc.edu/covid-19-overview/>

Meharry Medical College Vaccine Appointment: <https://home.mmc.edu/getting-the-vaccine/>

Metro Health Department: <https://www.nashville.gov/Health-Department.aspx>

TN Department of Health COVID-19 Testing Sites: <https://www.tn.gov/health/cedep/ncov/remote-assessment-sites.html>

TN Department of Health COVID-19 Vaccine Eligibility: <https://covid19.tn.gov/covid-19-vaccines/eligibility/>

CDC: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Vaccine Available for All Tennesseans

**Children aged 12-16
Are Now Eligible
For Vaccination**

The CDC has approved the Pfizer vaccine for emergency use in children aged 12-16 years old. Research has shown the COVID-19 vaccines are safe and effective. Getting vaccinated will help protect you from COVID-19.

LEARN MORE AT
COVID19.TN.gov/Vaccine

Photo:www.tn.gov

The vaccine is now available for children 12 and up! [Click here](#) or the photo above to find vaccine sites near you and schedule an appointment. Remember to wear a mask, socially distance, and remain safe before and after you get vaccinated.

Meharry in the News

MEHARRY
MEDICAL COLLEGE

**You have raised
\$567,353!**

#MeharryDayOfGiving

On Saturday June 12, 2021, Meharry Medical College had its second annual Meharry Day of Giving!

This Meharry Day of Giving encouraged impact by giving, a gift of any size, to be directed to the front lines of serving those most affected by the recent pandemic, long-standing global health disparities, and to fund areas within the College that need it the most. This year, this fundraiser raised \$567,353 in donations, surpassing the original goal of \$500,000 and last year's total of \$519,670!